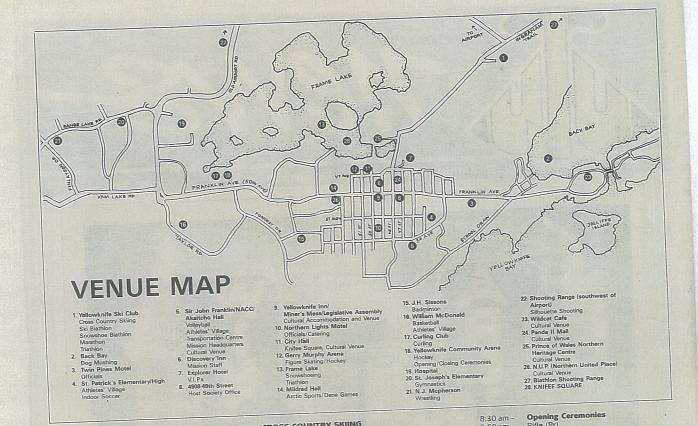
JEWS-

The Official Publication of the 1990 Arctic Winter Games

Monday, March 12, 1990





Monday, March 12

ARCTIC SPORTS & DENE GAMES
Venue: Mildred Hall Elementary School & NACC

Coaches/Judges Meetings 9:00 am Warm-up/Pr (Open) 11:00 am Opening Ceremonies
Hand Games (Prelim) Open Men
One Foot High Kick
Open Men, Open Women, Jr Men, 1:00 pm 3:00 pm Ir Women Jr Women Hand Games (Prelim) Open Men One Foot High Kick (Finals) Open Men, Open Women, Jr Men, 7:00 pm 8:00 pm Ir Women Medal Presentations - at venue

10:00 pm BADMINTON

Venue: J. H. Sissons Elementary School Round Robin Competition 8:30 am-8:00 pm

BASKETBALL

7:30-pm

Venue: William McDonald Junior High

(Pr) All Teams
Men NWT vs AB
Women AB vs AK
Men YT vs AK
Women NWT vs YT 11:30 am 1:15 pm 3:00 pm 4:45 pm Opening Ceremonies Men NWT vs YT 6:30 pm

The ULU News is the The ULU News is the official newspaper of the 1990 Artic Winter Games. The News will be published seven times during the Games by Northern News Services under contract to the Artic Winter Games Host Society. Host Society.

Michael Scott - Manager Brad Heath - Editor

lack Adderley Anya Heyck Astrid Kruse Cam Lockerbie James Matheson David McLaren Heather Raithby Rosella Stoesz Dot Van Vliet

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5108 - 50th Street Box 2820 Yellowknife, Northwest Territories X1A 2R1

Phone (403) 873-4031 Fax (403) 873-8507

CROSS COUNTRY SKIING

Venue: YK Ski Club Closed 9:00 am (Pr) Athletes Only 10:00 am Opening Ceremonies (Cross Country Skiing/ Ski Marathon/Triathlon) 3:00 pm Coaches Meeting 7:00 pm

CURLING

Venue: Yellowknife Curling Rink Team Warm-ups 9:00 am Jr Men AK vs YT NWT vs AB 9:30 am Jr Women AK vs YT NWT vs AB Sport Opening Ceremonies 1:30 pm

Team Warm-ups Jr Men AK vs AB YT vs NWT 2:00 pm 2:30 pm Open Mixed AK vs YT Open Women AB vs YT

DOG MUSHING Venue: Back Bay

Mushers Meeting/ 7:30 pm Officials Meeting

FIGURE SKATING

Venue: Gerry Murphy Arena (Pr) Sport Opening Ceremonies (Pr) All Contingents 4.00 pm

4:30 pm GYMNASTICS

Venue: St. Joseph's Elementary School Open (Pr) Coaches/Officials Meeting 9:00 am 7:00 pm

HOCKEY

Venue: YK Arena and Gerry Murphy Arena (YK, GM) GM Pw AK vs YT Mdg YT vs AB Women AK vs YT Mdg AK vs NWT 8:00 am YK GM 10:00 am Men AK vs YT GM YK YK YK YK YK 12:00 pm Pw NWT vs YT Women NWT v 2:00 pm Mdg YT vs NWT Mdg AK vs AB 4:00 pm 6:00 pm 8:00 pm Opening Ceremoni Men NWT vs YT 8:30 pm

INDOOR SOCCER

Venue: St. Patrick's High School Opening Ceremonies
Jr Men AK vs NWT
Jv Women NWT vs YT
Jv Men NWT vs YT 10:00 am 12:00 pm 1:00 pm 2:00 pm Jr Women AB vs AK Jr Men NWT vs AB Jy Women AK vs YT Jv Men AK vs NWT Jr Men AK vs AB 3:00 pm 5:00 pm 6:00 pm 7:00 pm

SILHOUETTE SHOOTING Venue: Yellowknife Shooting Club

Opening Ceremonies Rifle (Pr) 9:00 am Handgun (Pr) 1:00 pm

SKI MARATHON Venue: YK Ski Club

Opening Ceremonies (Ski Marathon, Cross Country Skiing, Triathlon) 3:00 pm

SKI/SNOWSHOE BIATHLON

Venue: YK Ski Club, Biathlon Range (Pr) Shooting Range (Pr) Shooting Range 9:30 am Coaches Meeting 4:00 pm

SNOWSHOEING Venue: Frame Lake

Officials/Coaches Meeting 10:30 am Conducted tour of venue layout 11:00 am Opening Ceremonies 1500 metre Women 12:30 pm 1:00 pm 1:30 pm 1500 metre Men

TRIATHLON

Venue: YK Ski Club, Streets of Yellowknife, Skating Oval (Frame Lake) (Pr) 10:00 am Opening Ceremonies (Cross-Country Skiing/ Marathon/Triathlon)

Coaches Meeting

3:30 pm

VOLLEYBALL Venue: Sir John Franklin Territorial High School Opening Ceremonies C1-Open Men AK vs GR C2-Jr Women YT vs AB 10:00 am 10:30 am C1-Jr Men NWT vs AK 12:00 pm C2-Jr Women NWT vs AK C1-Jr Men YT vs AB C2-Open Women AK vs YT 1:30 pm C1-Open Men AK vs NWT C1-Open Men YT vs GR C2-Jr Women AK vs AB 3:00 pm 4:30 pm C1-Jr Men NWT vs YT C2-Jr Women NWT vs YT 6:00 pm C1-Jr Men AK vs AB C2-Open Women AK vs NWT 7:30 pm C1-Open Men NWT vs GR C2-Open Men AK vs YT 9:00 pm

WRESTLING

Venue: N.J. Macpherson Elementary School Team (Pr) Coaches Meeting & Weigh-in 9:00 am-7:00 pm

Cultural Festival CBC Noonshow — Panda II (P) 12:00 pm People in Peril opens
- Council Chambers (V) 1:00 pm There's a Hole in my Roof opens N.U.P. (V) Caribou Stew 8:00 pm - Heritage Centre (P)

Parade of athletes with a different twist!

The AWG's traditional parade of athletes featured a number of added attractions this year, including athletes and cultural performers from Greenland and a cultural delegation from the Soviet Union. Shown here (clockwise from upper right) are two of the NWT's smaller athletes, a member of the Pond Inlet Theatre Group, the Metis Reelers, the Yukon contingent, representatives from Greenland and, of course, Knifee, the AWG mascot. Photos by Heather Raithby and Cam Lockerbie













Now arriving from Iqaluit...

Cultural performers and athletes from Greenland, the Soviet Union and the eastern Northwest Territories were delayed by foul weather for almost hours on Saturday. The flight was scheduled to arrive at 3:30 p.m., but did not touch down in Yellowknife until shortly after 8 p.m. Among those arriving on the flight were NWT athlete Jolene Ippiak (right), Greenlandic athlete Jorgen Scholm and a host of other athletes from Greenland. Photos by Heather Raithby







Top 10 Collectibles

- Team Alberta North
- **NWT Team Plus**
- Greenland Gold and Blue patch
- Yukon Team pins
- Alaska Team Pins
- USA and Russian Flag
- 1988 Team Alberta
- 1988 Host Game Pin, Fairbanks
- Tagish Charlie Sport Club, Dawson City,
- 10. CBC pins

Time difference makes for sleepy Alaskan athletes and mission chef

The 1990 Arctic Winter Games hadn't even started before Team Alaska was giving Chef de Mission Caroline Hudnall sleepless nights.

The two-hour time difference between An-chorage and Yellowknife meant her team's flights arrived very early Sunday morning.

"I'm going back to my hotel room, taking a shower, washing my hair and coming right back out here. I'll do that twice more tonight; it's the only way I can stay awake," she said after meeting the first flight at 2 a.m.

Team Alaska had to clear Canada Customs in the airport lobby before

registering.
"That went very smoothly; a lot better than some I've seen," said Assistant Chef de Mission David Koivunemi.

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A night of nations for the Games

Athletes and cultural Greenland (right) and cultural performers from the Soviet Union (below) were greeted with cheers, hugs and music at the Yellowknife Airport Saturday night. Photos by Heather Raithby





sso art takes to road for AWG

by Anya Heyck

From an engraving made in 1779 by a draftsman of Captain James Cook, to a modern acrylic completed in 1978, Esso Resources Canada has collected Canadian art work from across the country

for display in its offices. Now for the first time part of the collection has been taken on the road for display at the Arctic Winter

Games. "Esso sponsors many of the Game's sports events but we also wanted to support the cultural end of it," says Pat Larson, Art Curator for Esso.

our best historical works, collecting is now primarily 28 altogether, for display."

The paintings are being native art. exhibited at the Prince of Wales Northern Heritage Centre.

The idea was to support Canadian art and also to give something to Esso employees, says Larson.

It all started in 1979 with the Esso Plaza in Calgary which included in its design a collection of Canadian Art.

art including paintings, tapestries, sculptures and

on western Canadian and

The historical collection is spread throughout the plaza, while other pieces of art have been included in the design of other buildings, says Larson. There is even a program for employees to choose which pieces they want hanging on their office

The collection has now grown to 3,000 pieces of does not having the art on art including paintings, the walls. People really miss it," she says of the collection being on the road.



Esso Resource's Gale Molle, Rick Jeffrey and Pat Larson are helping exhibit 28 Canadian art works as part of Esso's contribution to the Game's cultural side

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Yukon dog would prefer train



Gentle Ben, with his firmly on the ground, is shown here with Kattie Knutson (upper left), Mary Beatie (upper right), Sarah Knutson (lower left), and Tammy Knutson (lower right). Photo by Cam Lockerbie



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Phone: 920-2626 Box 1960, Yellowknife, N.W.T., X1A 2P5 EXPLORER C

Some of the fastest ath-tes in the 1990 Arctic "It's the first time the Winter Games were reluctant to race in Yellowknife.

Sarah and Tammy Knutson's sled dogs didn't like

cage inside the aircraft's

'It would have to be the shyest one," said Sarah when the Yukon team checked in Saturday.

worried about her daugh-

dogs have been in an airplane. I don't think they like flying very much," she said.

The dogs had to be the trip from Whitehorse.
One of Sarah's dogs was so upset it broke out of its gave each one a big hug.

They were a little shook up, but they'll be better in a couple of days," said Sarah.

She's hoping her team Janet Knutson was quite will make a quick recovery.

for the three- and five-mile

"We've been training every day, running on lakes for speed and hills for

toughness," she said. Sarah expects Yel-lowknife's Beck clan to

She also has a friendly rivalry with her sister.

"Tammy's dogs are better on the longer courses but mine are faster and better at short sprint

Alderman doubles as athlete and organizer

by Heather Raithby Marie Coe will be on double duty during the 1990 Arctic Winter Games.

Not only is she competing as an athlete, she's also on the AWG Host Society's board of directors. It's meant a lot of hours.
"There were times when

I wondered if there was life after Arctic Winter Games." says Coe. "It seemed to be all I was doing.

Coe also divides her time between a position as city alderman and owner of two Yellowknife businesses.

During the Games she'll represent the N.W.T. as part of a mixed curling team with Gayle Becker, Jack McKinnon and Mike Mageean.

Coe has been a board member for about a year and a half.

She's responsible for coordinating the opening and closing ceremonies, and the awards presenta-

tions at each sport venue. Coe is confident things will run smoothly during the Games because she's



Marie Coe is a Yellowknife alderman who's also representing the N.W.T. in curling and organizing AWG ceremonies. Photo by Heather Raithby

winning," she says.

opening and closing "Now!'m thinking about ceremonies from the stands, Coe will get an infound good people to While most board sider's view from the work on the subcommembers will watch the athlete's parade.

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Lil' bit country 'n' bluegrass

Gordon and Loretta Games. Cormier knew they had a winner when they heard

It took the popular country and western, band Ernie tossed in a brother and sister duo few ideas and we had it." less than 10 minutes to

the 1990 Arctic Winter Gordon

Gordon. "Loretta's husband Ernie tossed in a

"It was the night before

"We just sat down after supper and threw some things together," says 20th anniversary of the "It's an up-tempo cross" Games and we went from there," says Loretta.

The song features Gordon on mandolin, write the official song for the entry was due," adds rhythm guitar and bass

On one side of the Y is

a knife intertwined with

ordon. guitar. Loretta sings the "We didn't know what lead vocals. A drum

"It's an up-tempo cross between country and bluegrass," says Gordon.

Gordon recorded the demo tape on a fourtrack mixer. A second version was recorded last week at Pido Produc-

The brother and sister duo were scheduled to sing at the opening cermonies last night.

They'll give a live performance at the Panda II Mall today.

The words to the theme song are: Hello Friends

The Arctic Winter Games are here again. It's good to be in Yel-lowknife right where they

all began. Welcome to the Arctic Winter Games.

Welcome to the Land of the Midnight Sun, to a gathering where we all will be as one.

Where differences don't matter; we're winners every one.

Twenty years have come and gone. We hope the next will

be as strong.
Welcome to the Arctic

Gordon and Loretta Cormier came up with the official Arctic Winter Games song the day before their entry was due. Photo by Cam lockerbie

Torch symbolizes

by Heather Raithby

Games torch will burn bright during the Games. Painted in the blue, yel-

The Arctic Winter symbolic of the N.W.T.

The Y in the centre two X's to celebrate the stands for Yellowknife. 20th anniversary of the stands for Yellowknife. 20th anniversary of the Two sunbursts represent Games. On the other side low and white colors of the midnight sun.

Two records set

two of the first records at the 1990 Arctic Winter usual way to help raise feet tall and eight feet

They've got one of the smallest athletes and what printed to commemorate may prove one of the hottest trading pins.

And they're both in-

the Games.

volved in dog racing.

Kelly White is Alaska's pins but held onto several of them to trade in Yel-

Team Alaska can claim less than four feet high. money for the team's trip. wide

Ed White had 300 pins the debut of dog racing in Hall. It was built and do

The team raised more champion in the 12-year-old age class. She stands lowknife.

is an Ulu, a traditional knife used by the Inuit and the shape of the medals awarded to the athletes. The flame runs on propane fuel. The 200-pound struc-

It can be seen at Knifee Square, just outside City nated by Back Bay Weld-ing of Yellowknife. It will be extinguished,

as has become the tradition, during the closing ceremonies

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Wild, crazy idea 20 years later

Ken McKinnon, first president of the Arctic Winter Games Corporation, says he is amazed at how the event has grown. He says it all started as "a

and drum up support for the idea.

"The first time no one knew whether it would go or not," says McKinnon. "It was opening night and we still didn't know whether Alaska would be coming."

Northern Alberta, Green- peting.

"It's come to be a wonderful cultural and athletic festival," he says.

McKinnon has been involved in every Arctic Winter Games.

wild and crazy idea.

McKinnon rememention president but he bers visiting communities to president but he played on the men's played on the men's silver ulu.

> As a senior minister in the Yukon government, he was partly responsible for ensuring funding con-tinued for the Games.

At the 1990 Arctic Alaska did come to the Winter Games, he's at-first opening night, 20 tending as commissioner years ago, along with Yukon and the N.W.T. keep an eye on the sport-Today the Arctic Winter ing competitions since he Games also include has two children com-



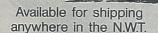
Ken McKinnon, now commissioner of the Yukon, was the first corporation president of the Arctic Winter Games and has been involved in every Games since. Photo by Heather Raithby

1990 ARCTIC WINTER GAMES PHONE NUMBERS

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Sir John Franklin High School Security (Main Office) 873-9266. Security Fax Alaska Mission Alberta Mission NWT Mission Yukon Mission Greenland Mission Mission Manager Transportation Cultural Office	873-7265 873-9037 873-7096 873-7099 873-7238 873-6107 873-7095 873-7095 873-7267 873-7547
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From traditional to contemporary

From traditional to con-temporary, the 1990 Arc-tic Winter Games are of-

Traditional sporting events of the North will in-clude Arctic Sports (including Inuit and Dene games), dog mushing, snowshoeing and cross-country

Events in the Inuit target. games include the oneone-hand reach, head pull, that players must use both

knuckle hop and arm pull. feet to kick the target and In the one-foot high kick, land.

players attempt to kick a target suspended above tic Winter Games are of fering 17 sporting activities for both spectators who kicks the target at the highest height is declared

Rules for the two-foot foot high kick, two-foot high kick, Alaskan high kick, kneel jump, airplane, the exception, obviously, the one-foot high kick with the exception, obviously,

In the Alaskan high kick,

players once again attempt to kick a suspended target In this event, however, players start by grasping the sole of either foot with Players start with a run-ning or standing approach, player balances on his or jump with both feet her free hand and leg, then together, and attempt to lifts off the ground and at-strike the target with one foot. He or she must land with the free foot—all the on the foot used to kick the while maintaining a hold target. while maintaining a hold on the other foot. The player must land on the foot used to strike the

one of the most difficult events, although it may appear simple enough, is the kneel jump.

Players start in a kneeling position with their buttocks resting on their heels. While rocking his or her upper body to gain momentum, the player then jumps by thrusting his or her body and arms up-ward and forward, while extending the legs as far extending the legs 43 to the forward as possible. The winner is the player who winner is the player who ground. The player who who strikes the target at impost the farthest. The maintains this position the highest height is declared the winner. most demanding event in the Inuit games, however, is without a doubt the airplane.

In this test of strength



by the ankles and wrists, er begins by balancing on over a preset course. both hands, with the body Facedown and in a prone position, the player must lifting both feet off the sition with the body remaining above the wrists one hand while maintain-while being carried two or ing his balance on the is declared the winner.

In the one-hand reach, players attempt to strike a suspended target with one and endurance, three as- hand while balancing on floor. The players lie on

sistants carry each player, the other hand. Each playparallel to the floor, while maintain a locked-arm po- ground. The player then reaches for the target with declared the winner.

The head pull is a form of tug-of-war in which two players attempt to pull the other over a line on the

other and a looped, leather thong is placed ers' heads (above the

The players then raise to a "push-up" position, tilt their heads up, brace themselves with their hands, and use their whole body to pull steadily backward.

The winner of the pull is declared when one player's hands cross the line, or

see Tests, p. 10



Skating is the final leg of the individual triathlon in this year's Games



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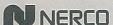
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Je would like to welcome all the participants & guests to the Arctic Winter Games 1990.

Good Luck! "Go for the Gold"



Knuckle hop tests endurance

cont'd from 9

if one of the players drops his head and allows the loop to be pulled off.

In the arm pull, two players face each other while sitting on the floor. In the starting position, the left leg is straight, while the right leg is bent over the other player's straightened leg. The players lock their right arms at the elbows, with the left hand holding the opponent's right leg between the knee and

ankle.
On a signal, the players pull slowly and steadily at the elbow and attempt to pull the opponent over, or touch his or her hand to their chest.

Each competition is a best-of-three series. The first is with the right arm, while the second is with the left arm. The right arms are used again if a third

pull is required.

The most punishing event is the knuckle hop. Players assume a "push-up"position with straight legs, elbows bent and held near the side of the body, fists clenched and their weight resting on their knuckles and toes.

With a quick push off their knuckles and toes, the players hop foward, landing again on the knuckles and toes. The player who hops the lon-gest distance before quitting or lowering his body to the floor is declared the

The Dene Games por-tion of the Arctic Sports competition features the finger pull, hand game, pole push, snow snake and stick push. For more information on Dene games, see the December issue of ULU News.

In cross-country skiing, there will be individual and relay events for midget boys and girls, juvenile boys and girls, junior men and women, and men and women. The individual events will be conducted in the classic and free techniques (depending on the distance), while all re-lays will be in classic tech-

In snowshoeing, there will be races of 1,500 five-kilometres and 10 kilometres for both men and women. There will also be a mixed, four-

by-400 metre relay race. Other popular northern sports featured in the 1990 AWG are curling, figure skating, hockey, ski biathlon and snowshoe biathlon.

Curling will offer events for junior men and women (under 19 years of age), women (aged 19 and over), and mixed rinks of two men and two women.

Figure skating will offer figure and free skate competition for Preliminary men and women, Pre-



Snowshoeing and snowshoe biathlon help form the roster of events for the 1990 AWG.

Juvenile men and women, for Senior men, Midget Pre-Novice women, and Open women.

Open women. Ski biathlon will include

Juvenile men and women, boys, Pee Wee boys, and

Open women. Ski biathlon will include In the 1990 Games, 10- and 15-kilometre hockey will include events events for men, and six-

for women. There will also be an open three by 7.5kilometre relay race, and and 10-kilometre events for boys 17 years of age and under. For girls 17 years of age and under, there will be five- and 7.5-kilometre events. There will also be a three by five-kilometre boys and girls mixed relay.

In ski biathlon, players race a certain portion of the course before stopping to assume either a prone or standing position (depending on the regulations), then fire five rounds from their rifles and resuming the race. This is repeated once, twice or three more times, depending on the distance of the

Snowshoe biathlon offers three-kilometre, five-kilometre and three by five-kilometre relays for men, women and juniors. Spectators and athletes

will also be able to enjoy badminton, basketball, gymnastics, indoor soccer, silhouette shooting, volleyball and wrestling

mixed events for men, women, junior men and junior women

Teams of Junior men and Junior women (consisting of players under the age of 19) will compete in basketball

Gymnastics will consist of team and individual competition in vaulting, uneven bars, balance beam and floor exercise for Junior women be-tween the ages of 16 and

Teams of Junior men and Junior women (consisting of players 16 years of age and under), and Juvenile men and Juvenile women (consisting of players under the age of 14) will compete in indoor

Silhouette shooting will offer events for Junior competitors and competitors in the Open category (no age restriction).

clude team and individual competitions in small-

see Debut, p. 11

An Invitation

Esso Resources Canada Limited and Esso Petroleum Canada are proud supporters of the 1990 Yellowknife Arctic Winter Games.

And to celebrate these Games we are presenting an exhibition of Canadian art at the Prince of Wales Museum March 11 through 31, 1990. We invite you to attend and join us in this celebration of the Canadian spirit.

Historical Selections

Esso Resources Canadian Art Collection



Museum hours during the Games: March 12 — 5:30 p.m. -9:00 p.m., March 13-16 — 10:30 a.m. -9:00 p.m., March 17 and 18 — 12:00 p.m. -5:00 p.m. Regular hours will be in effect after the Games.

The Sky's the Limit.

NWT Air welcomes Arctic Winter Games participants, observers

and fans from Alaska. Greenland, Northwest Territories. Soviet Union and Yukon.

Good to have you here for the 20th Games.



Marathon, triathlon debut at '90 AWGs

cont'd from p. 10

bore rifle silhouette shooting. In the open division, events include individual and team competitions in small-bore pistol and rifle shooting.

shooting.

Men's and women's teams (no age restriction), and teams of Junior men and Junior women (19 years of age and under) will compete in volleyball.

Wrestling will feature Junior men (between the ages of 13 and 17) competing in six weight classes.

Making their debut at the 1990 AWG are marathon and individual triathion. (See the December ULU News for more details.)



Yukon's Juvenile Men's soccer team and their coach, right, at practice on Sunday. Photos by Heather Raithby



CATCH THE SPIRIT

ARCTIC WINTER GAMES

Television (all times are Mountain)

March 11	Opening Ceremonies (live coverage on City on Six)	7:00 p.m.
March 12	Opening Ceremonies (repeat) (seen in Yellowknife only)	9:00 a.m.
March 12 - 16	English (repeat of 8:30 p.m.)	8:30 p.m. 12:30 p.m.
March 13 - 16	Inuktitut (repeat of previous night's English)	9:30 a.m.
March 17	Inuktitut (repeat of previous night's English)	8:30 a.m.
March 17		8:30 a.m. 10:00 p.m. 10:30 p.m.
March 17	(repeat of previous night's English) A.W.G. Highlights (English)	10:00 p.m.
	(repeat of previous night's English) A.W.G. Highlights (English)	10:00 p.m.

North By Northwest special edition A.W.G. Highlights and Closing

In addition to these CBC Radio listings Dzeh Tani, Tide Godi, Lé Gót'seh De and Nah Aah will be heard daily, featuring Arctic Winter Games interviews and information.

Ceremonies

CBC NORTHERN SERVICE

March 17

Your Official Television Broadcaster,



4:08 p.m.







1990 Arctic Winter Games

Yellowknife, March 11 - 17

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(As of March 2, 1990)

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