OFFICIAL PUBLICATION OF THE 2006 ARCTIC WINTER GAMES WWW.AWG2006.ORG

ISSUE NO. 5 / MARCH 9, 2006

Gold: Silver: 31 25 Bronze: Total:

liberta i	North:
Gold:	11
Silver:	14
Bronze:	14
Total:	39
ナナナイン	・ナナナンドメナナス

Greenland:				
Gold:	6			
Silver:	6			
Bronze:	2			
Total:	14			
ネナインナナナナン				

Northwest Territories: Gold: 15 Silver: Bronze: 22 Total: 53

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Nunavik C	2uél	oec:	
Gold:		Ť	7
Silver:			Ę
Bronze:			Z
Total:			16
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Saami:	
Gold:	3
Silver:	4
Bronze:	5
Total:	12
メナゲメラ	イナイントメインス

Yamal-Nenets: Gold: Silver: Bronze:

Total:		26
メゲルメル	· /+ * - /- *	メナナネ
Yukon:		
Gold:	2.2	7
Silver:	34	10
Bronze:	and the	19
Total:	-	36



Cold with plenty of sunshine 24/-4



Rita Sipary, an Alaska Native elder, is happy to see cultural traditions being carried on by youth at the AWG.

Native elders enjoy celebration of traditional values at Games

By COURTNEY PROCTER **Ulu News**

Many Native elders remember when the traditional skills contested at the Arctic Winter Games were a matter of work watch the performances," she and survival. They know the tradition and history behind many of the Inuit and Dene events, knuckle hop.

The Kenaitze Indian Tribe felt it was up to them to recognize the elders and the traditions during the Games.

To honor them, the Tyotkas Elders Center—a Kenaitze meeting place for memories and tradition—invited performers from around Alaska, as well as from visiting contingents to sing, dance, and drum for the Elders' Lunch held every weekday during the Games.

"The elders' wisdom is valuable," said Bonnie Juliussen, director of the Kenaitze Indian Tribe's Elders Program at Tyotkas. The elders' lunch is a regular service of Tyotkas, but this week the entertainment grasped the shoulders of the

the Arctic Winter Games.

"We mostly serve Alaska Natives and Native Americans," said Juliussen. "However, anyone can go and have lunch and

"This provides the elders such as the pole push or the ent cultures," said Juliussen. "It is very close to their hearts. It also gives the youth an opportunity to perform for their elders, which is a very big honor," she

Deldumi Youth Drummers performed tradition-Kenaitze drumming on Tuesday. "We do some drumming for them, to entertain them and help them, because it's respectful to help your elders," said Lara Olsen, the group's drum leader. "They interact with us."

While the group was performing, several of the elders stood behind the drummers and joined in the songs. As the group closed in prayer, elders

celebrates Native culture and circle of drummers, who in turn touched the drum.

> "This is just a special thing," said Olsen, referring to the performances this week.

local elder, the performances are especially important for the Games.

"We have performers and on and we have even more this week," said Sipary. Among the performers will be the Mento Dancers from Nenana, as well as traditional throat singers and drummers.

Sarah Frances Lindgren, an elder at the lunch, says she enjoys seeing the traditional activities celebrated at the Games. She remembers when she, her brother and her grandfather used dogsleds to haul wood and gear.

"It is wonderful," Lindgren said of the many cultural events at the Games. Her friend, Lydia Pollard, originally of Kodiak, is overjoyed at the cultural competition and celebration.

"People used to be embarrassed to be Native," she said.

"My mother and grandmother used to speak Aleut—they would talk so soft because they were scared of being caught."

Pollard wishes she had According to Rita Sipary, a been able to take part in traditional games when she was young. "It was taboo!" she said of the Native games and tradi-

> Lindgren remembers when she was growing up; there was only one store and one restaurant she was allowed to go into.

> "It feels good to not have to be afraid to go into a store," She also Lindgren added. remembers the pressure not to take part in her native culture.

> "My grandmother was punished. She had to spend one night in jail because she was trying to teach us the Indian language," Lindgren said.

The Arctic Winter Games serve not only as a sporting endeavor, but as a cultural event so Native traditions can be passed on to new generations. According to Native elders, the Games are living up to their promise.



Prioto by Alian Rudisi

Alaska's Emaleah Olsen (15) forces her way past Nunavut's Catherine Anayoak (1) and gets away from the crowd.



Photo By Allan Rudisill

Alaska's Karen Senette (11) drives past Nunavut's Melissa Aknavigak (5) for a layup.

Alaska.

Alaska girls jump over Nunavut in basketball

By CHARLES PULLIAM
Ulu News

The Alaska girls basketball team's aggressive play and offensive rebounding led them to a 90-44 win over Nunavut Wednesday at Cook Inlet Academy.

The win pushed the girl's record to 3-1 in this years Arctic Winter Games, while Nunavut fell to 0-4. It's the second time Alaska has beaten Nunavut in the Games this year, with the previous meeting resulting in a 77-50 Team Alaska win.

The Alaska girls also gained experience and confidence after coming off their first defeat of the games in Tuesday night's 57-56 loss to undefeated Northwest Territories.

"Last night (Tuesday) was an awesome game for us...NWT (Northwest Territories) just out-

performed us, but it helped us out emotionally," Alaska girls coach Deb Lowney said. "This game (Wednesday) gave the kids that weren't really digging in or stepping up a chance to perform and it really built our bench up."

Lacey Wortham led Alaska with a game-high 18 points in Wednesday's win, while Emaleah Olsen scored 12 of her 16 points in the first half for Alaska.

"We really mixed up our lineup. There were several girls that needed to step up," Alaska's Piper Daugherty said.

Alaska shot just shy of 50-percent from the field netting 25-of-57 shots in the second half, while Nunavut was limited to 7-of-34 shooting.

"We tried our best and did all we could," Aknauigak added. She finished with 11 points. Tanis Peterson pitched in nine points for Nunavut. Lindsay Layland added 13 points, Hannah Delaney scored 12, Karen Senette scored 11, and April Heffner had 10 for team

Team Alaska woman ties Alaskan high kick record

By KELLIE MASSAUlu News

Tuesday's

Games

Just before the kick, a hush fell over the gymnasium at Kenai Central High School. With a pause and a rocketing leap, Team Alaska's Tanya Slim from Kipnuk tied the junior women's Alaskan high kick record of 5'10" and will take home a gold Ulu from

Arctic Winter

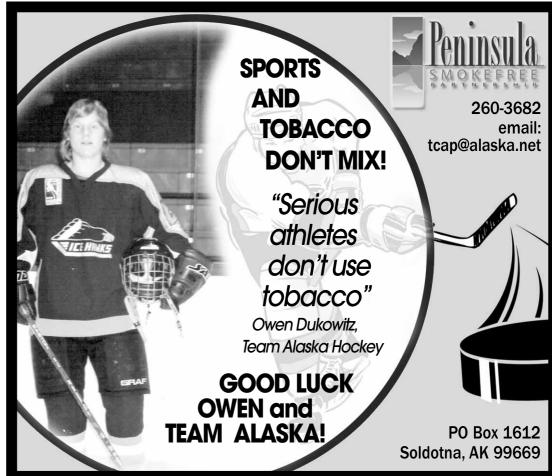
Alaskan high kick participants in the junior men and women events included, Alaska, Yukon, Greenland, Nunavik Quebec, Nunavut, Alberta North and Northwest Territories.

The junior men's first place winner was won by Nunavut's Bradley Lasutisluk who leaped 6'4".

Team Alaska's Simeon Aluska, a 13-year-old from Toksook Bay who stands 5'4", made his 6' foot kick with ease and took 4th in the competition

"Team Alaska junior men are doing good; some coming from the villages were a little nervous at first but are now beginning to relax," said Sam Strange, Team Alaska's junior men's coach. "They are 13-and 14-years-old competing against boys two and three years older than them," he said

Competing in the Inuit games is a family affair for second time Games' competitor, Veronica McDonald, an 11-year-old from Northwest Territories. Her grandfather, Tim McDonald, is a Games veteran and her mother has been a competitor in the last 10 games. "I compete in all the events, its cool," Veronica said.





To get the current results of all the events, go to www.awg2006.org.



Release the Spirit Within 2006 ARCTIC WINTER GAMES

Curlers in Homer hurry the house as stones hit the button

By AKIN FRANCISCONE Ulu News

From the sounds of the stones echoing through the rink, to the vocalizations of the throwing team encouraging teammates to sweep the stone into the house, the Homer Ice Rink has been the stage for extreme curling action since the Games began.

For those who have not been to a curling event, the trip

to Homer is worth it and free mean no excuses for not making the scenic drive.

"Everyone improves with each game in a round robin competition. Combined with the caliber of players we have in the games and the Brier ice, it's just a great thing," said Peter Geikie, coach of the Nunavut boy's team. "I would love to get a chance to curl on the Brier Ice," he said.

"Brier" ice is what the pros shuttle buses from Soldotna use, just like in the Olympics. With the medal round set to begin, the ice is ready and the teams are getting along great by showing good sportsmanship, which is a major part of curling, according to Geikie.

"The Nunavut boys have been getting along great with the Alaskans, and it seems like all the teams are becoming one big group with lots in common," Geikie said.

Nunavut is somewhat of the underdog, just assembling their teams in November. Their home ice in Iqaluit is small, but the players came prepared to win and are getting more and more competitive with every game.

"The whole point is to have fun and hopefully win a medal, said Alex Liptak of the Nunavut boy's team. "Since November we have improved greatly and it is more and more fun everyday," he said.

"The hospitality in Homer has been superb; I mean the food and friendliness of everyone has really been top-notch. Everyone has made the kids feel at home," said Geikie.

Lunches at the rink have been donated by local restau-



Photo By Akin Franciscone

Nunavut and Alaska square off putting friendships on hold as the teams go head-to-head on Wednesday after-

rants like Fat Olives, Two Sisters and Subway.

"Since the curling athletes do not return to the athletes' village in Kenai until late, dinners have been provided by some of the local youth hockey team moms," said Ken Satre, president of Homer Hockey.

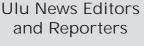
All teams enter the medal Bakery, Don Jose's, Café Cups round, but the first and second place qualifiers are quaranteed a bronze Ulu. These teams get the luxury of sitting back and enjoying some great local food in the Curlers room as the other teams "hurry!" to decide who gets to play the top qualifiers for





Photo By Akin Franciscone

Nunavut players take aim on a medal, one stone at a time.



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Alpine Skiing

Alyeska Resort, Girdwood

10 a.m. Female Male 11 a.m. 2 p.m. Male

Dual Giant Slalom - First Run Dual Giant Slalom - First Run Dual Giant Slalom - Second Run Dual Giant Slalom - Second Run Medal Presentations

3 p.m. Badminton

Soldotna Middle School, Soldotna

Round 1 Alberta vs. Nunavut Greenland vs. Yukon

Round 2 Yukon vs. Nunavut Alberta vs. NWT

Round 4 Round 3 Round 5 Alberta vs. Alaska Alaska vs. Nunavut Alberta vs. Greenland

Greenland vs. Nunavut Alberta vs. Yukon Yukon vs. NWT NWT vs. Nunavut 9 a.m. Mixed-Round 2 9:45 a.m. Mixed-Round 3 1 p.m. Mixed-Round 4 1:45 p.m. Mixed-Round 5

Basketball

Cook Inlet Academy, Soldotna

9 a.m. Male 11 a.m. Female Male 1 p.m. 3 p.m. Female 5 p.m. Male

7 p.m. Female

Nunavut vs. Yukon Nunavut vs. Yukon Alaska vs. NWT

NWT vs. Nunavut

Biathlon

Skyview High School, Soldotna 1 p.m. Sprint Races 6km

Cross Country Skiing Skyview High School, Soldotna

9 a.m. Freestyle Long Races 5km, 7.5 km and 10 km

Curling

Homer Ice Rink, Homer

1 p.m. All

Dog Mushing

3:30 p.m. All Playdowns **Dene Games**

Mt. View Elementary, Kenai

Medal Presentations

Soldotna Air Field, Soldotna

10 a.m. Juvenile 12 p.m. Junior

Figure Skating

Soldotna Sports Center, Soldotna **Team Competition Elements**

Gymnastics

Kenai Middle School, Kenai 1 p.m. Individual Competition

Hockey

Soldotna Sports Center, Soldotna

8 a.m. Women 9:45 a.m. Women 11:45 a.m. Midaet 1:15 p.m. Bantum

Yukon vs. NWT Alberta vs. Alaska 3:15 p.m. Bantum NWT vs. Yukon 5 p.m. Midget Alaska vs. Nunavut Kenai Ice Rink, Kenai 4:15 p.m. Women 6 p.m. Women

Yukon vs. Nunavut NWT vs. Alberta

Alaska vs. Nunavut

NWT vs. Yukon

Indoor Soccer

Soldotna High School, Soldotna

Juvenile Female NWT vs. Yukor 9 a.m. Juvenile Male Alaksa vs. NWT 10 a.m. Int. Female Alaksa vs. Yukon Juvenile Female Alberta vs. Greenland Yukon vs. Nunavut 12 p.m. Juvenile Male 1 p.m. Junior Female Yukon vs. Nunavut Juvenile Female Yukon vs. Nunavut 2 p.m. 3 p.m. Juvenile Male Greenalnd vs. Alaska NWT vs. Alaska 5 p.m. Junior Female Junior Male Alaska vs. NWT

Juvenile Female Alaska vs. NWT

Juvenile Male Alberta vs. Nunavut

Inuit Games

Kenai Central High School Auditorium

9 a.m. Junior 1 Foot High Kick 1 p.m. Open 1 Foot High Kick 6:30 p.m. Open Male Knuckle Hop Awards and Closing Ceremonies

Snowboarding

Alyeska Resort, Girdwood 11:30 a.m. Half Pipe

Speedskating

Kenai Hockey Rink, Kenai

8 a.m. Juvenile 666 Meters 777 Meters Junior Junior/ Juvenile Relay Heats

Volleyball

Skyview High School, Soldotna

12 p.m. Female Semi-Finals - 2nd vs. 3rd 2:30 p.m. Female Semi-Finals - 1st vs. 4th 5 p.m. Male 7:30 p.m. Male Semi-Finals - 2nd vs. 3rd Semi-Finals - 1st vs. 4th

Wrestling

Kenai Recreation Center, Kenai

9 a.m.-3 p.m. Individual Competitions











Sportsmanship reigns as Yukon musher races with borrowed team By RHONDA LARSON **Ulu News**











the races he had come so far to compete in. Dylan flew in from Haines Junction, Yukon, while his family drove up with his team. Outside

Salvisberg almost didn't get to run

Yukon dog musher Dylan

a donated team.

of Tok the family's truck collided with a moose and they were delayed while waiting for parts to make repairs to the vehicle. The races were to begin

Tuesday and his parents hadn't arrived. Fellow Yukon mushers Ben and Darrin Kinvig, and Alaskan Wendy Callis told Dylan, "You shouldn't come all this way and sit it [the sled dog races] out."

The Kinvigs offered him friends.

three dogs and Rex Jones loaned him two lead dogs, and a new high tech Danler mid-sprint sled from Austria. The young mushers approached the officials with their plan.

Dylan Salvisberg crosses the finish line Wednesday running

Photo By Allan Rudisill

Race official Mitch Michaud said approval was given, "With one stipulation; he would have to keep the same dogs throughout the competition." This gave Dylan the chance, "to do the best I can and have a lot of fun doing it."

Their first race was the 7.5 kilometer. Despite running a makeshift team, Jones said Dylan "looked good on the airstrip." Fellow Yukon team member Ben Kinvig came in first and won the gold. Dylan came in last, but it didn't matter because he had got-Dylan said they "talked it ten to race thanks to his new





Hand Games Competitions

7.5 km x 4 Dogs Team

10 km x 6 Dogs Team

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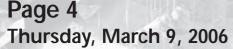
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Team Alaska skiers battle snow whipped slalom course to take gold, silver

By RON MCGEE Ulu News

home the gold and silver Ulus in the Arctic Winter's Game men's slalom event Tuesday at Alyeska Resort in Girdwood.

Alyeska Ski Club member Richard C. Kelly posted the Juneau Ski Club. fastest combined times, with times of 47.88 on his first run Watson took home the bronze and 48.43 on his second run. This was the second Games for the 16-year-old, Anchorage skier. He was a member of the silver medal in the 2004 Games in Fort McMurray,

Going into this year's competition, the gold-medal winner listed his goals as "doing well in Two Alaska Team men took my races and having fun."

Nathan Ord won the silver medal, with times of 49.13 on his first run and 49.00 on his second run. The 15-year-old skier trains with his hometown club - the

Alberta skier Joshua medal, with times of 50:18 and

Alaska skiers definitely had a home-hill advantage, said Team Alaska that took home Duffy Jensen, a start referee for the slalom event. Skiers competed in the midst of a winter snow storm.

Wrestlers demonstrate extraordinary sportsmanship

By KATHERINE WELLS Ulu News

Alberta.

The wrestling tournament at Don Marrin. the Kenai Recreation Center has been one of the most sports-

men-like competitions Dave

Carey has ever seen. coach for 30 years, and this is the first time I have seen absolutely no act of bad sportsmanship," said Carey, wrestling sports chairperson.

The teams completed competitions Tuesday and each wrestler has wrestled everyone in his or her weight class at least once. Individual competitions began Wednesday.

"The wrestlers are friendly with each other, when just two days ago they were winning or losing to each other," said Carey.

basketball players are being housed at Sears Elementary School, Fort Yukon team members and other wrestlers are able concentrate more on wrestling, said Yukon Coach

"There is great sportsmanship between the teams. They are getting closer each day. With all of the wrestlers together "I have been a wrestling there are less distractions," said

The Yukon team is without much experience and came to the Games to improve. Most of the Yukon wrestlers have never been in this caliber competition, and are learning a great deal by watching others, said Marrin.

"They are seeing a lot of the moves being executed for the first time. There's not a lot of wrestling in the Yukon. The guys are getting better each time they wrestle," said Marrin.

"The sportsmanship is awe-Since only wrestlers and some. I like helping my team. I lost my voice from cheering so much," said Lynn Emiktowt of Team Nunavut.

Alpine skiing

Giant slalom, junior female Gold: Kami C. Cabana, Alaska Silver: Stephanie Dunn, Alaska Bronze: Katrina Amy Schneider, Alberta

Gold: Kevin F. Jensen, Alaska Silver: Nathan D. Ord, Alaska Bronze: Richard C. Kelly, Alaska

Gold: Tricia J. Richardson, Alaska Silver: Petra D. Davis, Alaska

Bronze: Justine Elsie Pilger, Alberta North

Gold: Robert J. Lepine, Alaska

Silver: Brien Edward James Davis, Alberta

Bronze: Derek Wilson, Yukon

Dene games

Finger pull, open coed, junior female, juvenile female **NOT AVAILABLE**

Junior male, finger pull Gold: Kohren H. Green, Alaska Silver: Matthew Akikuluk, Nunavut Bronze: Matthew Ross Meneen, Alberta North

Dog mushing

Gold: Rebecca Jean Baxter, Northwest

Territories

Silver: Gracie K. Callis, Alaska Bronze: Benjamin L. Kinvig, Yukon

Gold: Alyn B. Charlie, Northwest Territories

Silver: Beth H. Callis, Alaska Bronze: Sophia Daniels, Yukon

Gymnastics

NOT AVAILABLE

Snowboarding

Giant slalom, junior female

Gold: Ashley Margaret Egan, Alberta

Silver: Carly W. Chase, Alaska

Bronze: Rachelle Marie Rebus, Alberta

North

Gold: Cody Alan Zachariah Burchell,

Alberta North

Silver: Tuumarsi Olsen, Greenland Bronze: Andrew Matthews, Northwest

Territories

Gold: Brooke Nicole Voigt, Alberta North

Silver: Lacy L. Merrill, Alaska

Bronze: Wheaton Symington, Yukon

Gold: Pierce Kiyoshi Mimura, Alberta

Silver: Mikkel Kelller Olsen, Greenland Bronze: Matthew Scott Munn, Alberta

North

Snowshoe biathlon

Gold: Kate Bolivar, Northwest Territories Silver: Kimberly K. Green, Alaska Bronze: Mackenzie R. Wonders, Alaska

Gold: Noel-Leigh Cockney, Northwest

Territories

Silver: Jerad L. McClure, Alaska Bronze: Erik N. Jacobsen, Yukon

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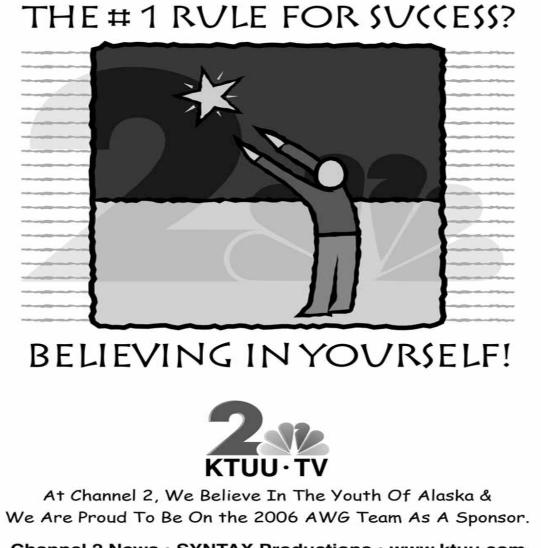
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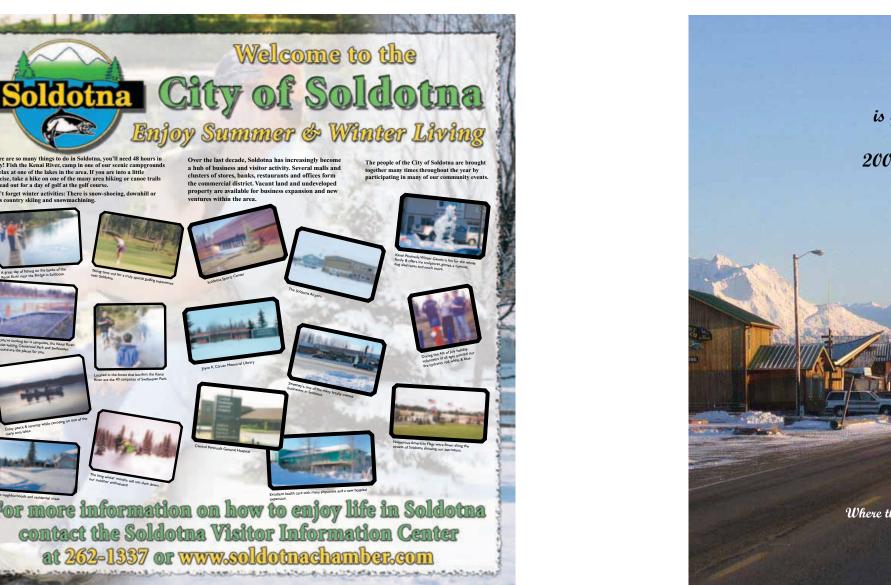
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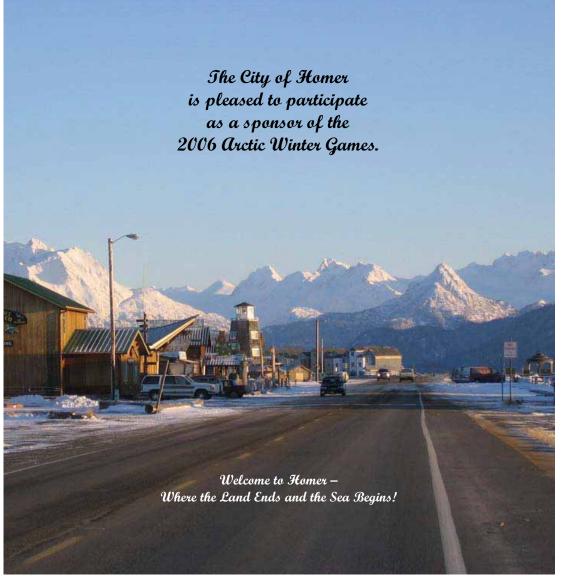
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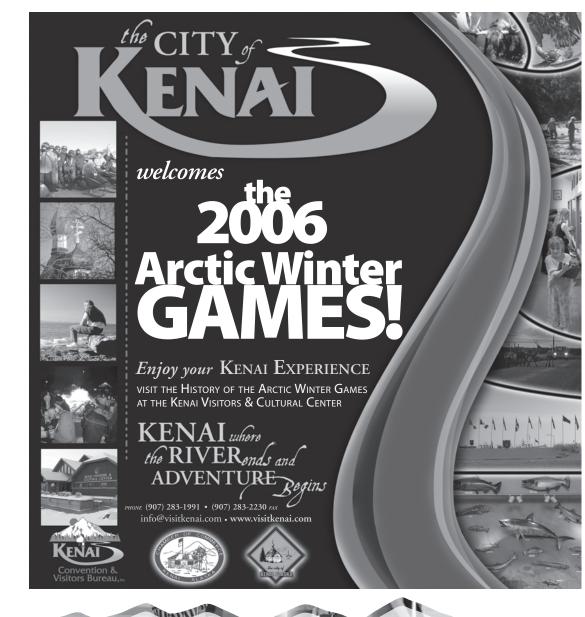






Figure skaters jump their way to Gold Ulus

By COURTNEY PROCTER Ulu News

Arctic Winter Games figure skating kicked off Tuesday with opening ceremonies at the Soldotna Sports Center. Once the competition had ended, Team Alaska had skated to two gold Ulus while Yamal Northwest and Territories skaters each pocketed a gold.

Five contingents were represented by the 32 athletes who competed in the figure skating events of the Games.

Celina Farmer of Alaska took the Ladies Level One gold, with Northwest Territories team members taking silver and bronze.

Ladies Level Two was dominated by Yamal skaters including spectacular performances from Viktoria Lobanova and Tatyana Borisova, who won gold and silver, respectively. Kayla Hallonquist of Team Yukon took bronze.

In Ladies Level Three, it was clear a clean program was the key to medaling, as Ellie Gottstein of Team Alaska skated to gold with a graceful and powerful short program.

Northwest Territories skater Tara Kaip captured Ladies Level Four gold with a dramatic performance and solid jumps. The gold is Kaip's first medal at the Games, although she competed in the 2004 Games at Wood Buffalo.

gold here," Kaip said.

Elke, who took bronze in said. Ladies Level Three, also com-



Photo By Allan Rudisill

Tatiana Borisova of Team Yamal shows her flexibility during her short program on Tuesday afternoon.

peted in the 2004 Games. This been skating for eight years in "It feels amazing to get is her first medal at the Games.

"It feels so good to medal Her teammate, Sarah at the Arctic Winter Games," she

Both Kaip and Elke have compete.

their hometown of Yellowknife, and are looking forward to the 2008 Games being held there, although Kaip will be too old to



Photo By Charlotte Nicolet

Northern Alberta's Alicia V.R. King performs a wonderful routine on the beam.

Team Alberta tumbles to Gold Ulu in women's gymnastics

By CHARLOTTE NICOLET **Ulu News**

Northern Alberta won the Gold Ulu in the Women's Artistic Gymnastics Team Competition on Tuesday at Kenai Middle School.

Alberta, Yukon competed for the medal on vault, bars, beam and floor exercises.

On the uneven bars, Team Alberta was meticulous in their long extensions. With pointed toes and straight knees they did free hip circles to hand-stands, then ended with strong giants, and layout fly-a-ways for their dismounts.

"On the floor, the girls were powerhouses as they tumbled from corner to corner with switch-split leaps and strong choreography," said spectator, Tami Oines Koerber,

"You go girl," was shouted from the audience at every team's start up. And when

International Committee vice president Wendell Shiffler and Games general manager Tim Dillon presented the Ulu medals, the crowed roared. As the hullabaloo quieted, the audience stood for Alberta's national anthem.

"The girls did very well, Northwest Territories, and I'm really proud of how they did. They enjoyed it, had fun, and met gymnasts from other places," said Coach Jonathon Mason, Northwest Territory. "It's my first games and I'm very impressed on how it was organized, marvelous sports and people that you meet; great event for the children," said Mason.

> Mason's comments were shared by many, including sports chair Daugherty. "The games went really well today," she said. volunteers pulled through; the gymnasts were wonderful; it really came together, I felt it at the end"



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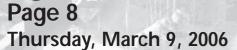
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2006 ARCTIC WINTER GAMES www.awg2006.org



Dene ancient traditions embodied in Games participants

By DAWN FITZPATRICK **ULU News**

The Dene Games, part of the Arctic Winter Games, was born from ancient tradition with each of the competitions based on activities once integral to Native village life. The Games are keeping these traditions alive with five sports being contested on the Kenai Peninsula.

Participating teams in the Games include: Dene Northwest Territories, Yukon, Alberta, Alaska and Nunavut. The Stick Pull, Snow Snake, Finger Pull, Stick Game, and Pole Push are the individual events and participants compete in each one. There are four divisions: open male, junior male, junior female and juvenile female.

The origin of the Stick Pull began as a competition of "grabbing fish out of the nets," according to Michael McLeod, NWT Minister of Sport. Today's version uses a stick tapered on both ends with Crisco shortening thoroughly rubbed on it. The rules require the arms to remain straight with elbows locked and the competitor must maintain a straight posture with no knee bending. The object is to pull the stick out of the other person's grip. There are two separate pulls, one for each hand, and the stick must stay level with no jerking allowing during the pull.

McLeod is here cheering on his two daughters who are carry the flag in the opening competing. Shawna, 14-yearsold, was the Silver Ulu winner in the Snow Snake and Devin, 15-years-old, won the Gold Ulu in the Stick Pull.

Photo By Dawn Fitzpatrick

Jonah Caesar, Team Yukon, grimaces during the Open Male Stick Pull.

Although she has many years of competing in the Inuit games, this is the first Dene games for Brianna Goins, a 14year-old with Team Alaska, who is from Ninilchik, a small village 40 miles south of Soldotna. She was picked at the Peninsula Winter Games in January to join Team Alaska and has driven four hours each of the last five Wednesdays to be coached in Anchorage.

"My favorite Dene event is the Snowsnake," said Brianna. She feels "with practice she could get good at it."

"She was nominated to ceremonies for her leadership skills and ability to work with the coaches," said her coach, Amanda Attla.

> Kyle Benjamin, Team

Yukon, is 15-years-old and is "participating for his 2nd time," according to his mother, Kim Blake. "He's having a good time and not missing me at all."

The family is from Old Crow, Yukon, an area only accessible by air. Benjamin's first time entering the Dene Games was in Wood Buffalo/ Fort McMurray, Alberta, two

"I'm having lots of fun," was the reaction of Margaret Tukkiapik, a 15-year-old participant form Nunavut. She has been in several other competitions in Nunavut.

In part due to the Games, Dene ancient traditions are alive and well, and being embodied and embraced by our youth. Native elders should be proud.

Team Yukon overcomes challenges, hones their Badminton skills at AWG

By KATHERINE WELLS

A fledgling badminton team from the Yukon has come to the Arctic Winter Games to gain a little more of something they lack. Team Yukon's inexperience may not be evident when they're on the court, but truth be told, most members have been playing only since last spring.

The Games are a great experience and character builder for the kids, according to Coach Randy Carlson.

"The team has come here hoping to gain a sense of the Games and mostly to train for the 2008 Games in Yellowknife," he said. Team Yukon is learning to rise above technical difficulties as well. The gym at Soldotna Middle School has lower ceilings than the team is accustomed to.

and climate is all part of being a competitor. I tell the kids to pick out what works for them," said the coach.

"Adjusting to food, facilities,

Getting the team together to practice has been an added has been worth the effort.



Photo By Lee Johnson

Team Yukon badminton athletes in action

challenge. Four team members live in Whitehorse, which is four hours away from Watson Lake, where Coach Carlson and the other players live. So the Whitehorse athletes had to practice on their own, playing against adult players at the local gym, said Janice Carlson.

"Badminton has a 'backyard' stigma. Yet it is a competitive and physical sport that requires mental skills, which is why we like it," said Coach Carlson.

Though the players had only four weekends to practice together as a full team before coming to the Games, the Carlsons agree that getting here

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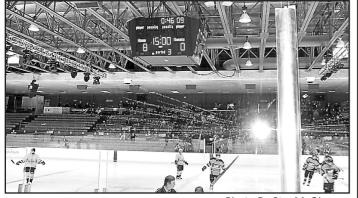


Photo By Star McGlasson

With the game board score showing 8-0, Nunavut's head coach Donovan gave the go-ahead to continue play into the third period. "We're here to play," he said.

Nunavut iced by NWT, but takes loss in stride

By STAR MCGLASSON **Ulu News**

The Nunavut midget hockey team may have lost to Team Northwest Territories in midget men's hockey, but

they certainly aren't showing

"I'm not disappointed in the team, we all tried hard," said Nick Dunphy, assistant team captain for the Nunavut team after a 9-0 loss Tuesday

"We just couldn't get one in," said Dunphy. "We were getting focused at the start of the third period, but it was too late," he said.

Nunavut's head coach, John Donovan, had an opportunity unique to the Games. At the end of the second period, NWT was winning 8-0. According to the Games' rules, at the end of the second period or any time during the third period, the game may be stopped at the discretion of the head coach of the

losing team if the goal spread is seven or more. At second period's end, Donovan chose to continue.

"This was the first game they had played together," but we're here to play, said Donovan. "We had four breakaways; we just didn't score," he added.

Meanwhile, NWT was celebrating their first Games

"I can't wait to tell my mom," said Elton Ruben, a forward for the NWT who scored three of the nine goals against Nunavut. Ruben scored the first goal of the game and another in the first period. He completed his hat trick during the third period.

Ruben said this was his first experience at the Games. "I'm proud of myself and of how the team played," he

NWT team member, Joey Hiebert, also had a hat trick and one assist.

Alaska volleyball team unable to dig out from Alberta North



Photo By Ramon Carreon

Team Alberta volleyball players strategize along the sidelines before their match.

By RAMON CARREON **Ulu News**

Competition and friendship were part of the volleyball matches on Tuesday when the Alberta North Team boys spiked the Alaska Team in four sets.

"Everybody is extremely friendly and very welcoming. We can't ask for more," Alberta's coach Trent Mason said.

When asked if he could share some of his secrets and tips on how to get athletes of Alberta's caliber he responded: "We are just very lucky to have lots of very good volleyball players in Northern Alberta."

One of Alberta's players, James Senetza said that being part of the team was good and exciting. He said the team was having a great time and showing other teams, "how we play volleyball in Northern Alberta."

'Want some fries with that?' Food servers unsung heroes of Games

By BRIAN KEITH Ulu News

Saturday marked the arrival of thousands of guests and participants for this year's Arctic Winter Games, but what a lot of people didn't consider was how hungry they all were.

Food service volunteers certainly noticed, as busloads of volunteers emptied into the Soldotna High School lunchroom for a well deserved meal, filled with a hunger brought on by long airplane rides. The dinner line started at 4 p.m., and was soon out the door. By 6 p.m., instead of getting shorter, the line had actually gotten longer, and the pace of the eating quickened.

"It was really slow at 1 o'clock. We were having a hard time finding stuff to do until dinner started at 4 p.m., and then it got really crazy," said Telotha Rhinehart, a food services volunteer and Kenai Peninsula College student.

"I heard that we served something like 1,000 meals more than what was expected," said Charlene Smith, another food server. "At first we had all this really good food. We had lasagna, and some lemon salmon, and chicken, all kinds of good fresh fruit."

The sheer volume of the participants combined with their understandably large appetites quickly diminished the reserves of the school kitchen, causing them to resort to serving school cafeteria food. Lasagna begot chicken nuggets, lemon salmon begot burritos, and fresh fruit was nowhere to be

Although the quality of the food servers is without question, the food itself leaves some athletes wanting.

"In the morning, its kind of greasy," said Carlo Issaluk, a Nunavut hockey player. "There's a little fruit, like apples and bananas, and then for dinner we have things like hamburgers and French fries."

"It's okay; it's like basic lunchroom food like in a high school. It's not bad, but it's not good to eat it all the time." added Joey Aqqiaruq, Issaluk's friend and hockey teammate.

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Release the Spirit Within 2006 ARCTIC WINTER GAMES

RECYCLING AT THE GAMES

rtment,

The Kenai Peninsula Borough Solid Waste Department, ReGroup, Kenai Peninsula Green Star, and Alaska Waste are each doing their part to ensure a successful recycling program for the 2006 Arctic Winter Games.

Green Star will provide portable recycle containers and coordinate recycling duties assisted by ReGroup who will be coordinating volunteers. The Solid Waste Department will provide recycle roll-off containers and will manage recyclables at Borough landfills. Cardboard containers and all recycle hauling services will be donated by Alaska Waste.

Be on the lookout for collection containers at different venues for the following materials:

- Cardboard
- Mixed Paper (includes newspaper, programs, office paper, etc.)
- Aluminum Cans
- PET #1 Plastic drink containers (remove lids)

If you have any questions, need information, or would like to help with recycling activities during the games, contact Marie at 262-2005 or e-mail mvinson@borough.kenai.ak.us.











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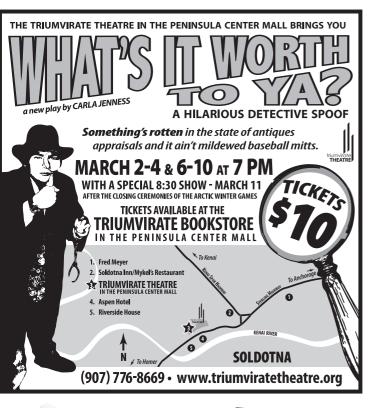
Good Luck to all the Games Athletes



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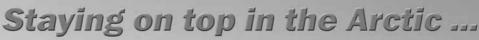




Team Yamal from Russia perform at the AWG 2006 cultural performances throughout the week.

Photo By Brett Encelewski





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