

Biathletes sight in on the target during the ski/marksmanship competition at the Ft. Richardson course, Tuesday.



The Ulu News

Anchorage, Alaska, Wednesday, March 6, 1974

Vol. 1, No. 4



Native dancers prepare for performance prior to Arctic sports competition.

Games shaping into three-way ulu battle

The battle for the gold ulus seems to be a three-way match between the Alaska, Northwest Territories and Yukon Territory contingents with the Arctic Quebec competitors left alone in the shadows as the Third Arctic Winter Games swing towards the half-way point today.

After Tuesday's competition, the three main units had split evenly on the gold awards, each netting four of the coveted utility knife replicas, with a Northwest

Territories snowshoer turning in the first double victory.

The Alaskans swept the three medal positions in all but one of the cross-country ski races with Karl Hanneman, Marianne VanEnkenvort and Tom Siebels posting victories. The Northwest Territories, behind the strong finish of Joan Groothysen won the women's 2½-kilometer race for that unit's first gold medal in the 1974 Games.

James Sangris of the Northwest Territories scored two wins, in the junior men's 100 and 200-yard snowshoe dashes to become the first competitor in this year's matches to earn a pair of the gold ulus.

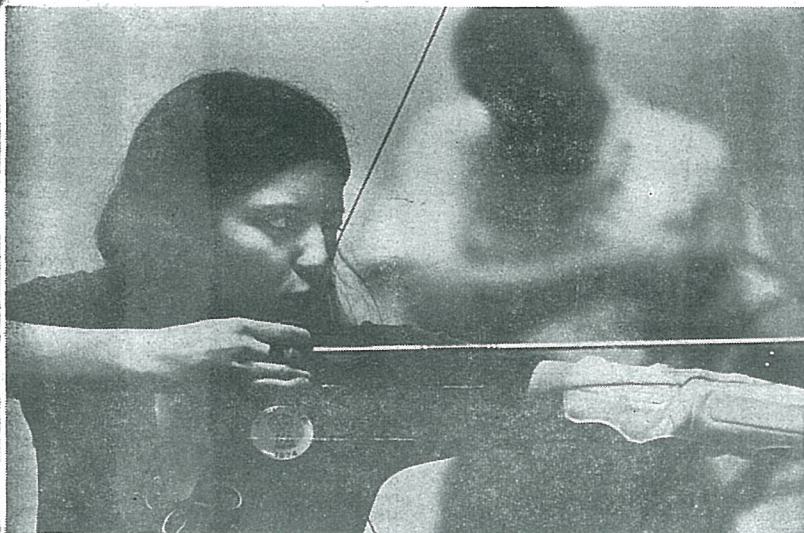
The Yukon contingent dominated that sport, with Kathy McPhail and Wanda Wheelton exchanging the first and second positions in the 60 and 100-yard women's dashes. Then, Brian Hunt rounded out the Yukon performance with victories in both the senior men's 100 and 200-yard dashes.

Arctic Quebec's lone medal entry came when Bobby Neaccapo captured the bronze ulu in the men's 100-yard snowshoe dash.

In the knee jump, the second Arctic sport, Ernie Bernard of the Northwest Territories walked off with the gold by posting a 34-inch jump.

The team sports seem to be shaping up in some instances with Alaska making an extremely strong basketball showing and doing well in volleyball and hockey.

The Northwest Territories dominates the badminton and is close to Alaska in the volleyball and hockey, but tied with the Yukon at this point for the top rung in the curling category.



Joanne Burger of the Northwest Territories set her aim in archery match at Elmendorf Black Sheep Bowman's club.

Medal count

(Archery, biathlon not included)

Team	Gold	Silver	Bronze	Total
Alaska	4	6	7	17
NWT	4	3	3	10
Yukon	4	3	1	8
Quebec	0	0	1	1

Tuesday's results

ARCTIC SPORTS

Knee Jump

Ernie Bernard, NWT, 34 inches, Gold; Abe Ito, Alaska, 32.5 inches, Silver; Wally Otten, Alaska, 32 inches, Bronze.

BADMINTON

Junior Events

	Men's		Women's		Mixed
	Singles	Doubles	Singles	Doubles	
NWT	10-1	1-0	10-1	1-0	11-1
Yukon	4-7	0-2	3-7	0-2	7-5
Quebec	1-9	0-1	0-10	0-1	1-11
Alaska	7-4	2-0	8-3	2-0	5-7

Senior Events

NWT	9-1	0-1	7-4	1-0	12-0
Yukon	5-5	1-1	2-8	0-2	6-5
Quebec	0-10	0-1	1-9	0-1	0-12
Alaska	6-5	2-0	11-0	2-0	5-6

Team Standing

Team	Won	Lost
NWT	62	9
Alaska	54	25
Yukon	28	44
Arctic Quebec	3	65

CROSS-COUNTRY SKIING

Russian Jack Springs

Junior Women, 2½ K

1. Joan Groothysen, Northwest, 10:32.04; 2. Michele Milles, Alaska, 11:44.24; 3. Sharon DeVoe, Alaska, 11:45.40.

Junior Men, 2½ K

1. Karl Hanneman, Alaska, 9:41.81; 2. Chris Milles, Alaska, 9:45.06; 3. Jeff Johnson, Alaska, 9:45.65.

Senior Women, 2½ K

1. Marianne VanEnkenvort, Alaska, 10:50.71; 2. Marion May, Alaska, 10:59.46; 3. Sherri Hill, Alaska, 11:06.75.

Senior Men, 5 K

1. Tom Siebels, Alaska, 18:10.36; 2. Tom Corbin, Alaska, 18:28.67; 3. Chris Haines, Alaska, 18:32.38.

CURLING

Junior Women

Yukon 9, Arctic Quebec 8
Northwest Territories 14, Alaska 6

Junior Men

Alaska 15, Arctic Quebec 7
Arctic Quebec 13, Northwest Territories 9
Alaska 11, Yukon 5

Senior Women

Yukon 11, Northwest Territories 6

Senior Men

Alaska 7, Arctic Quebec 5

Mixed

Arctic Quebec 14, Northwest Territories 7

HOCKEY

JUNIOR DIVISION

Northwest Territories 25, Arctic Quebec 1

Scores (by player):

Arctic Quebec — Diaz (1)

Northwest Territories — Bromley (5), Pischinger (4), Young (3), Taggart (3), Fahl (2), Lane (2), Robertson (2), Armstrong (1), McDonald (1), Scriven (1), Weaver (1).

Alaska 11, Yukon 10

Scores (by player):

Yukon — Slonski (5), Wright (3), Acorn (1), Marks (1).

Alaska — Lunsford (3), Lewis (2), Moreno (1), Nolin (1), Dorough (1), Waldrop (1), Dixon (1), Jamie (1).

SENIOR DIVISION

Northwest Territories 15, Arctic Quebec 0

Scores (by player):

Northwest Territories — White (4), Coe (4), Slade (2), Koyczan (2), Balsillie (2), Stewart (1).
Alaska 9, Yukon 6

SNOWSHOEING

Women's

60-yard dash — 1. Kathy McPhail, Yukon, 11.1; 2. Wanda Wheelton, Yukon, 11.3; 3. Violet Camsell, NWT, 13.6.

100-yard dash — 1. Wanda Wheelton, Yukon, 18.4; 2. Kathy McPhail, Yukon, 19.0; 3. Cecilia Bohannon, Alaska, 24.6.

Junior Men's

100-yard dash — 1. James Sangris, NWT, 16.9; 2. Joe Strzelewicz, Alaska, 19.8; 3. Larry Catholiqui, NWT, 20.2.

220 yard dash — 1. James Sangris, NWT, 40.9; 2. Ian Fraser, Yukon, 42.5; 3. Matt Magnuson, Alaska, 43.5.

Men's

100-yard dash — 1. Brian Hunt, Yukon, 14.9; 2.



Brian Hunt sets the pace in snowshoe competition. He finished with a pair of gold ulus after Tuesday's matches.

Hectic start

It's smoothing out

Late arrivals interrupted Monday's opening events but Arctic Winter Games organizers say things settled down Tuesday and should be running smooth from here on out.

"We've had 959 people pass through the headquarters (at Camp Carroll) and I know we've transported each of them three or four times," said Howdy Smith, chairman of the transportation and registration committee, Tuesday. "But Wednesday we start four regular buses on an hourly schedule and if everyone will cooperate things should stay on time."

Three morning bus breakdowns threatened to

throw Tuesday schedules out even more but Smith says things were realigned and participants were making it to events on time with the addition of some small buses.

And a new schedule will help those athletes and cultural participants who need medical attention. Starting Wednesday, a medic will be on duty at Building 60606 from 10 a.m. to 10 p.m. daily. Smith says there have been some instances of colds. The original plan couldn't adequately deal with all needs.

With all of the rest of the schedules out of alignment, the men at food services are having to work overtime to keep everyone fed. Twenty-seven cooks, including Chief Warrant Officer John H. (Smokey) Stover, say the members of the Food Services Detachment Provisional at Fort Richardson are serving a total of 2,700 meals per day.

"We haven't had any problems though," Stover said. "Everybody is just great — but we're open 12 hours per day to make sure everyone gets fed."

The facility was originally scheduled to open at 8 a.m. each day for breakfast, but Stover has been opening at 5 a.m. to make sure athletes are ready for the events. In addition, the cooks are preparing 300 box lunches per day for those who can't make it back to the camp at noon.

"This took a good week to plan for," Stover said. "It's different than our regular duties as cooks at Ft. Richardson because we're under the gun a lot more — people have to be at those events on time."

An Army cook for 21 years, Stover has three sergeants to help him with the effort.

"We're feeding ala carte breakfasts and short-order lunches," Stover said. "We haven't had any complaints and everybody is really going through milk."

Stover says the cooks have stocked 1,260 gallons of milk for athletes and 1,485 pounds of ground beef. He says that although they offer a choice at lunch, most people are eating hamburgers.

"For dinners we try to offer a choice, too," said Stover. "But Wednesday we're having steak, so I didn't order food for a second dish because I don't want to run out."

In addition to cooks, there are 20 civilian helpers keeping things in order at the camp dining room.

And after everyone has had their fill during the day, SFC. Billy Beard and SFC. Clarence Hosbrouck come in, to coordinate all baking and lunch packing.

Jonas Sangris, NWT, 15.8; 3. Bobby Neaccapo, Quebec, 18.3.

220-yard dash — 1. Brian Hunt, Yukon, 36.6; 2. Jonas Sangris, NWT, 40.0; 3. Chester Kelly, Yukon, 41.0.

VOLLEYBALL

Junior Women

Alaska won 2 of 2

Alaska 15, Yukon 3

Alaska 15, Yukon 5

NWT won 2 of 2

NWT 16, Quebec 14

NWT 15, Quebec 7

Junior Men

NWT won 2 of 2

NWT 16, Quebec 14

NWT 15, Quebec 7

Alaska won 2 of 3

Alaska 6, Yukon 15

Alaska 15, Yukon 6

Alaska 16, Yukon 14

GAME AGGREGATE POINT SCORES

BASKETBALL

Alaska 12 Yukon 2

NWT 6 Quebec 2

CURLING

NWT 14 Quebec 8

Yukon 14 Alaska 6

HOCKEY

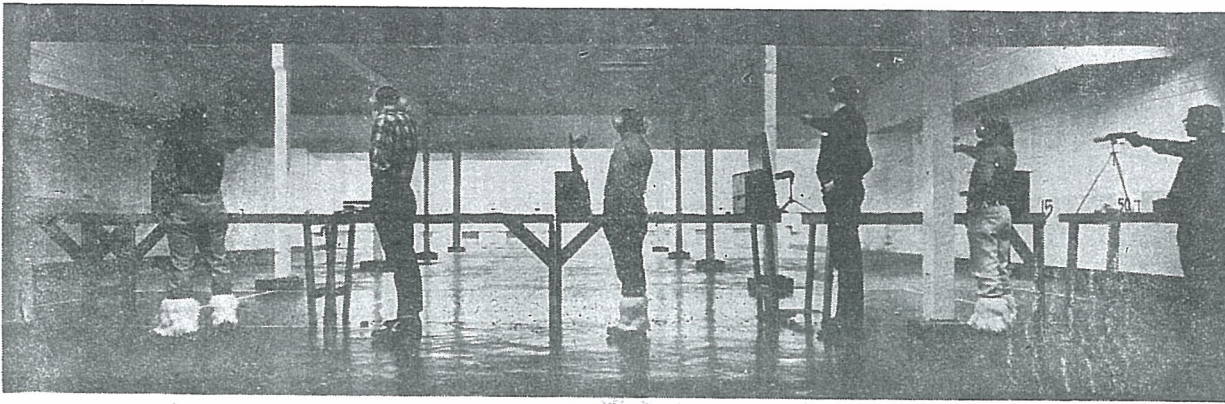
Alaska 8 Yukon 2

NWT 6 Quebec 0

VOLLEYBALL

Alaska 6 Quebec 2

NWT 4 Yukon 0



Ak. Troopers outshoot arch-rival agencies

Alaska State Troopers outshot their two arch-rival law enforcement agencies in the Arctic Winter Games police pistol exhibition contest Tuesday on the Elmendorf Air Force Base shooting range.

The five Trooper team members from throughout Alaska shot for an overall total of 2,677 points of a possible 3,000 in 60 rounds of fire.

"They beat us by a measly 70 points," said Dennis Poss, Anchorage Police Department team member. Anchorage police shot for an overall total of 2,607 points, good for second place among six law enforcement teams participating.

The third-place team, with 2,442 points, was the Troopers' second traditional rival, the Yukon Royal Canadian Mounted Police.

Highest individual overall score was shot by Anchorage police warrant officer Ray Causton, who earned 557 out of 600 points.

Trooper Capt. Robert Penman said the Troopers and Yukon Mounties have held a pistol competition for the past 15 years. This was the first year other law enforcement agencies were invited to join in an exhibition match separate from the Trooper-Mountie contest.

The policemen are required to shoot from behind a barricade, in a police crouch and a kneel in five stages from seven yards to 50 feet at a silhouette target.

Awards also were given for best scores in these five stages. Penman captured three of those. Juneau Trooper Dave Warvik captured another; and Anchorage police Cpl. Archie Hutchison captured the fifth.

The remaining three teams, and their overall totals, in order were the Northwest Territories Royal

Canadian Mounted Police, 2,194; Anchorage International Airport Security, 1,964; and federal Customs, Department of Treasury, 1,912.



Police Pistol marksmen take run through the rounds in exhibition matches on Elmendorf.

Special AWG cachets available

The Anchorage office of the U. S. Postal Service has prepared special Arctic Winter Games cachets in commemoration of the 1974 competition.

The envelopes, designed by noted Alaskan artist, Janelle McClain, consists of stylized ulus (women's knife) in blue with the Arctic Winter Games logo and text — similar to the medals presented to the victorious athletes. A special AWG cancellation has been applied, dated March 3, 1974, the opening of the third biennial meeting.

In addition to being available at local post offices, the cachets may also be obtained from the "Canteen" in the mess hall at Camp Carroll or by sending a stamped, self-addressed envelope to: Postmaster, Attn: Ms. Helen Laughlin, Customer Services Representative, Anchorage, Ak., 99502.

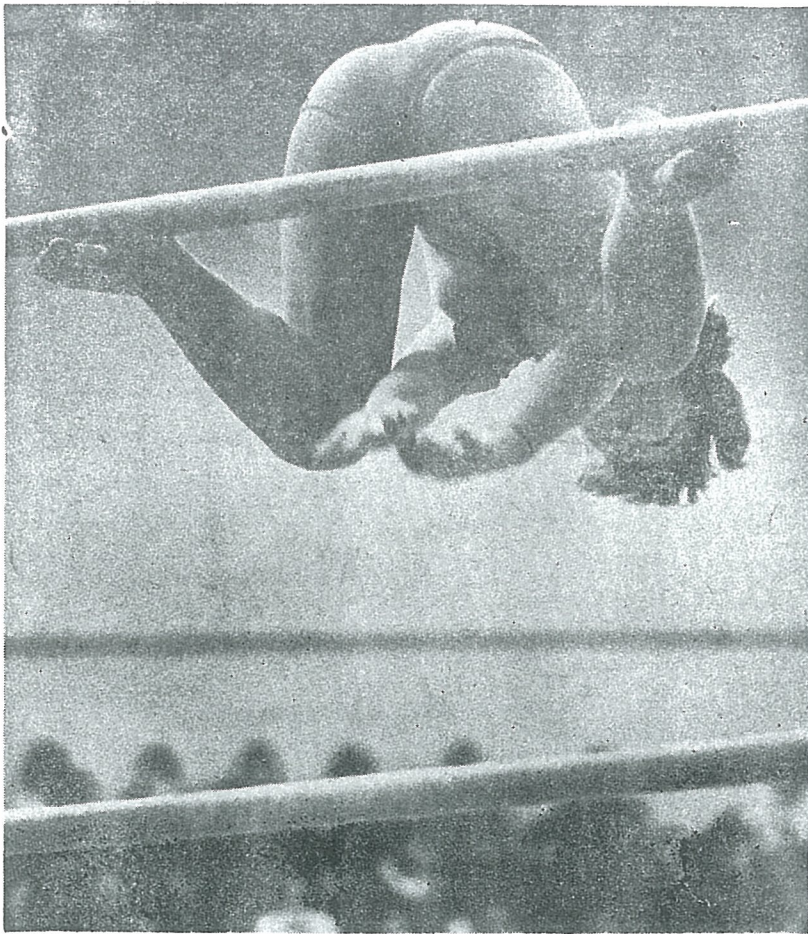
The cost of the envelope is 35 cents, with three available for a dollar.



—ARCTIC WINTER GAMES—
—ANCHORAGE, ALASKA—
—MARCH 3 - 10, 1974—

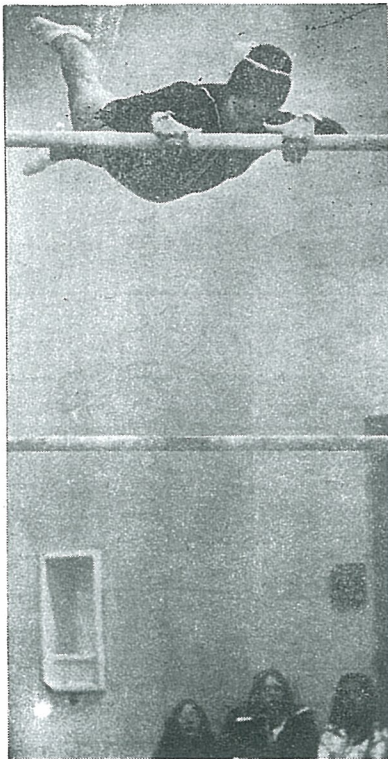


March 3 - 10, 1974 - ANCHORAGE, ALASKA



Balancing act in progress

Among the competitors in the parallel bars portion of the gymnastics exhibition Tuesday were Vickie Kulyck (upper left) and Bonnie Fordyce (below) of the Yukon Territory team and Donna Karling (left) and April Walker (right) of the Alaska squad.



Alaskan sweep

Alaskan skiers posted clean sweeps in three categories of Tuesday's Arctic Winter Games cross-country competition while grabbing the runner-up positions in the other race, won by a Northwest Territories girl.

Tom Siebels of Fairbanks led a host of four Alaskans over the cold senior men's five kilometer course with a winning clocking of 18:10.36.

Siebels was followed by Tom Corbin with 18:28.67; Chris Haines at 18:32.38; and Jim Moriarity totaling 19:10.26. All are from Anchorage.

Trailed by Marion May, Sherrie Hill and Lynn Spencer, Marianne VanEnkenvort posted the quickest time of the day over the 2½ kilometer senior women's trail as the lady Alaskans followed the example set by the men in sweeping the top four positions. Van Enkenvort was clocked at 10:50.71.

Karl Hanneman copped top honors in the junior boys 2½ kilometer race with a 9:41.81 clocking putting him ahead of Chris Milles and Jeff Johnson.

Joan Groothysen, from the Northwest Territories, tallied a 10:32.04 over 2½ kilometers to win the junior girl's heat well over a minute ahead of her closest challengers. Alaskans Michelle Milles and Sharon De'Vee notched second and third places with 11:44.24 and 11:45.40 times, respectively.



Bev Demchuck of the Yukon glides through the cross-country ski course with determination (above). She finished seventh in the senior women's race. At the left is another Yukon skier, Arenlea Felker, who finished fifth in the same race.



The plan for Wednesday

ARCTIC SPORTS

City Gymnasium, Sixth Ave. & G St.

7:45 p.m. Competition (Back Bend)
(All competition preceded by
Native dancing at 7:00 p.m.)

BADMINTON

Bartlett High School

8:30 a.m. Jr. Men and Women's Singles
9:15 a.m. Jr. Men and Women's Singles
10:00 a.m. Jr. Men and Women's Singles
10:45 a.m. Sr. Men and Women's Singles
1:00 p.m. Jr. Men and Women's Singles
1:45 p.m. Sr. Men and Women's Singles
2:30 p.m. Jr. Men and Women's Doubles
3:15 p.m. Sr. Men and Women's Doubles
4:00 p.m. Jr. Men and Women's Doubles
6:00 p.m. Sr. Men and Women's Doubles
6:45 p.m. Jr. Mixed Doubles
7:30 p.m. Sr. Mixed Doubles
8:15 p.m. Jr. Mixed Doubles
9:00 p.m. Sr. Mixed Doubles
9:45 p.m. Jr. Mixed Doubles

BASKETBALL

Romig Jr. High School

Noon Jr. Women (Quebec -vs- NWT)
1:30 p.m. Jr. Men (Quebec -vs- NWT)
3:00 p.m. Sr. Men (Quebec -vs- Alaska)
4:30 p.m. Jr. Women (Yukon -vs- Alaska)
6:00 p.m. Jr. Men (Yukon -vs- Alaska)
7:30 p.m. Sr. Women (Alaska -vs- Yukon)
9:00 p.m. Sr. Men (NWT -vs- Yukon)

GYMNASTICS

East High School

10:00 a.m. Judging Contest
Noon Open Practice
5:00 p.m. Warm Up
6:00 p.m. Exhibition (Balance Beam, Uneven
Bar, Free Exercise)

BIATHLON

Arctic Valley, Ft. Richardson

10:30 a.m. Range Open
Noon Jr. Individual Event (16 km)

FIGURE SKATING

Anchorage Sports Arena

100 W. Fireweed Lane

6:00 a.m. Practice (Yukon)
7:00 a.m. Practice (Alaska)
8:00 a.m. Practice (NWT)
9:00 a.m. Clinic
11:15 a.m. Draw for all Competitors in Lobby
2:45 p.m. Figure Skating Ceremony
3:15 p.m. Juvenile Ladies & Mens Singles,
Novice Dance

CURLING

Anchorage Curling Club

8:00 a.m. Girls (NWT -vs- Yukon)
Men (NWT -vs- Quebec)
10:30 a.m. Mixed (Alaska -vs- NWT)
Men (Alaska -vs- Yukon)
1:00 p.m. Boys (Quebec -vs- Alaska)
3:30 p.m. Girls (Alaska -vs- NWT)
6:00 p.m. Mixed (Yukon -vs- NWT)
Ladies (Alaska -vs- NWT)
8:30 p.m. Ladies (Quebec -vs- Yukon)
Boys (NWT -vs- Yukon)
11:00 p.m. Men (Alaska -vs- NWT)
Mixed (Alaska -vs- Quebec)

HOCKEY

Anchorage Sports Arena

100 W. Fireweed Lane

11:30 a.m. Warm Up
11:45 a.m. Junior (Alaska -vs- NWT)
7:30 p.m. Warm Up
8:00 p.m. Senior (Quebec -vs- Yukon)

VOLLEYBALL

Elmendorf AFB Field House

1:00 p.m. Jr. Men (NWT -vs- Alaska)
2:15 p.m. Jr. Men (Yukon -vs- Quebec)
3:30 p.m. Clinic
6:00 p.m. Jr. Women (Yukon -vs- Quebec)
7:15 p.m. Jr. Women (NWT -vs- Alaska)

CROSS-COUNTRY SKIING

Russian Jack Springs

11:00 a.m. 10 km Sr. Men
11:20 a.m. 5 km Jr. Men
Noon 5 km Sr. Women
12:20 p.m. 5 km Jr. Women
2:00 p.m. Practice — Hillside

JUDO

Central Jr. High School

4:00 p.m. Opening Ceremony Judo & Wrestling

SNOWSHOE

Park Strip

Noon Open Female, (220-yd. dash)
12:20 p.m. Jr. Male, (440-yd. dash)
12:40 p.m. Open Male, (440-yd. dash)
1:00 p.m. Open Female, (1 mile)
1:30 p.m. Jr. Male, (1 mile)
2:00 p.m. Open Male, (1 mile)

WRESTLING

Central Jr. High School

9:00 a.m. Wrestling Clinic
3:00 p.m. Wrestling Weigh-ins (All Weights)
4:00 p.m. Opening Ceremonies Judo & Wrestling
4:30 p.m. Judo Competition (All Weights)
7:00 p.m. Wrestling Competition (All Weights)

POLICE PISTOL

Elmendorf AFB Shooting Range

8:00 a.m. Shooting Clinic for all participants
conducted by Grant Sanborn, NRA
10:00 a.m. Sporting Rifle Practice
10:00 a.m. Junior Sporting Rifle Practice
4:00 p.m. Senior Sporting Rifle Practice

ARCHERY

Elmendorf Field House

9:00 a.m. Jr. Boys Barebow
10:30 a.m. Jr. Boys Freestyle
1:00 p.m. Jr. Girls Barebow
2:30 p.m. Jr. Girls Freestyle

SWIMMING

1:00 at West High School Pool

Demonstration — of Synchronized Swimming Skills
Water Show — Floating Number (All participants)
Trio (Barbara Holman, Kathy Lindemuth,
Susan Lindemuth), Finale (All participants).
Workshop — Spectators are invited to join the partici-
pants in the pool for further demonstration
and instruction.

TABLE TENNIS

East High School

8:00 a.m. Practice (2's & 3's)
10:00 a.m. Men's and Women's Singles
1:00 p.m. Entertainment or Practice
3:00 p.m. Jr. Men's and Women's Doubles

The Ulu News

This newspaper is published for the enjoyment and information of the athletes, officials and spectators at the Third Arctic Winter Games.



It is produced daily during the Games by Northern Publishing Inc., 133 Post Road, Anchorage, Alaska 99501, and is published by the Arctic Winter Games Corporation. Material appearing in this publication may be reproduced without authorization.



Chester Kelly of the Yukon leads middle of the pack runners in the snowshoe competition. He finished third in the 220-yard event for the bronze.



Martin Shroyer of Alaska takes off in the knee jump match at the Arctic sport event. He finished in the fourth overall position, just short of a medal.

Look at Thursday's program

ARCHERY

Elmendorf Field House

- 9:00 a.m. Jr. Boys Barebow
- 10:30 a.m. Jr. Boys Freestyle
- 1:00 p.m. Jr. Girls Barebow
- 2:30 p.m. Jr. Girls Freestyle
- 7:00 p.m. Men's Open Barebow
- 8:30 p.m. Men's Open Freestyle

ARCTIC SPORTS

City Gymnasium, Sixth Ave. & G St.

- 7:45 p.m. - 8:30 p.m. Competition — One Hand Reach

(All competition preceded by Native dancing at 7:30 p.m.)

BADMINTON

Bartlett High School

- 8:30 a.m. Jr. Men and Women's Singles
- 9:15 a.m. Sr. Men and Women's Singles
- 10:00 a.m. Jr. Men and Women's Singles
- 10:45 a.m. Sr. Men and Women's Singles
- 1:00 p.m. Jr. Men and Women's Singles
- 1:45 p.m. Sr. Men and Women's Singles
- 2:30 p.m. Jr. Men and Women's Doubles
- 3:15 p.m. Sr. Men and Women's Doubles
- 4:00 p.m. Jr. Men and Women's Doubles
- 6:00 p.m. Sr. Men and Women's Doubles
- 6:45 p.m. Sr. Mixed Doubles
- 7:30 p.m. Jr. Mixed Doubles
- 8:15 p.m. Sr. Mixed Doubles
- 9:00 p.m. Jr. Mixed Doubles
- 9:45 p.m. Sr. Mixed Doubles

BASKETBALL

Romig Jr. High School

- Noon Jr. Women, 2nd & 4th Semi
- 1:30 p.m. Jr. Men, 2nd & 4th Semi
- 3:00 p.m. Sr. Women (Yukon -vs- NWT)
- 4:30 p.m. Sr. Men, 2nd & 4th Semi
- 6:00 p.m. Jr. Women, 1st & 3rd Semi
- 7:30 p.m. Jr. Men, 1st & 3rd Semi
- 9:00 p.m. Sr. Men, 1st & 3rd Semi

BIATHLON

Arctic Valley, Ft. Richardson

- 10:30 a.m. - 11:30 a.m. Range Open
- Noon Sr. Relay, 4x10 km

BOXING

Ft. Richardson, Buckner Fieldhouse

- 2:00 p.m. - 4:00 p.m. Clinic

GYMNASTICS

East High School

- 9:00 a.m. - 11:00 a.m. Practice (Whitehorse)
- 11:00 a.m. - 1:00 p.m. Practice (Alaska)

CROSS-COUNTRY SKIING

Individual Race — Hillside

- 11:00 a.m. 15 km — Sr. Male
 - 2:00 p.m. - 3:00 p.m. Clinic — Innovations for ski trail preparation
 - 3:00 p.m. - 5:00 p.m. Practice
- Note: Award Ceremonies will take place 30 minutes after the finals of each day's racing.

CURLING

Anchorage Curling Club

- 8:00 a.m. Men (Yukon -vs- Quebec)
- Girls (Quebec -vs- NWT)
- 10:30 a.m. Boys (Alaska -vs- NWT)
- Ladies (Quebec -vs- Alaska)
- 1:00 p.m. Mixed (Yukon -vs- Quebec)
- Girls (Alaska -vs- Yukon)
- 3:30 p.m. Boys (Quebec -vs- Yukon)
- Men (NWT -vs- Yukon)
- 6:00 p.m. Clinic
- 7:00 p.m. Men (Alaska -vs- Quebec)
- Ladies (NWT -vs- Quebec)
- 9:30 p.m. Girls (Quebec -vs- Yukon)
- Ladies (Alaska -vs- Yukon)

FIGURE SKATING

Anchorage Sports Arena
100 W. Fireweed Lane

- 6:00 a.m. - 6:45 a.m. Practice (Alaska)
- 7:00 a.m. - 7:45 a.m. Practice (NWT)
- 8:00 a.m. - 8:45 a.m. Practice (Yukon)
- 9:00 a.m. - 11:00 a.m. Clinic
- 2:45 p.m. - 7:00 p.m. .. Juvenile Dance—Warm Up; Initial Round: Willow Waltz, Fourteen Step; Final Round: Fox Trot
- Pre-Juvenile Ladies & Mens Singles — Warm Up; Two Minute Free Skating Presentation of Medals

HOCKEY

Anchorage Sports Arena
100 W. Fireweed Lane

- 11:30 a.m. - 11:45 a.m. Warm Up
- 11:45 a.m. - 2:15 p.m. ... Junior (Quebec -vs- Yukon)
- 7:30 p.m. - 8:00 p.m. Warm Up
- 8:00 p.m. - 10:45 p.m. ... Senior (Alaska -vs- NWT)
- 11:00 p.m. - 12:00 Mid Practice (Quebec)

SNOWSHOE

Park Strip (10th and M)

- 11:40 p.m. Jr. Male, 880-yd. dash
- Noon Open Female, 440-yd. dash
- 12:20 p.m. Open Male, 880-yd. dash
- 1:00 p.m. Open Male, 3 mile

JUDO

Central Jr. High School

- 7:00 p.m. - 9:00 p.m. 2nd Round of Competition

POLICE PISTOL

Elmendorf AFB Shooting Range

- 8:00 a.m. - 2:30 p.m. Junior Sporting Rifle Individual Competition
- 3:00 p.m. - 9:30 p.m. Senior Sporting Rifle Individual Competition

The Ft. Richardson .22 Cal. Indoor Rifle Range may be scheduled for Sporting Rifle practice by coaches or team captains.

SWIMMING

7 p.m. - 8:30 p.m. at Ft. Richardson Pool

- Demonstration of Synchronized Swimming Skills
- Water Show — Floating Number: All participants; Trio — Barbara Holman, Kathy Lindemuth, Susan Lindemuth; Finale — All participants.
- Workshop — Spectators are invited to join the participants in the pool for further demonstration and instruction.

TABLE TENNIS

East High School

- 8:00 a.m. - 9:00 a.m. Practice
- 9:00 a.m. - 12:20 p.m. ... Men's and Women's Singles
- 12:30 p.m. - 5:00 p.m. ... Men's and Women's Singles

VOLLEYBALL

Elmendorf AFB Field House

- 1:00 p.m. - 2:30 p.m. Jr. Women, 1st Place vs. 3rd Place (semi-final)
- 2:30 p.m. - 4:00 p.m. Jr. Men, 1st Place vs. 3rd Place (semi-final)
- 4:00 p.m. - 6:00 p.m. Open Time
- 6:00 p.m. - 7:30 p.m. Jr. Women, 2nd Place vs. 4th Place (semi-final)
- 7:30 p.m. - 9:00 p.m. Jr. Men, 2nd Place vs. 4th Place (semi-final)

WRESTLING

Central Jr. High School

- 9:00 a.m. - 11:30 a.m. Wrestling Clinic
- 11:30 a.m. - 3:00 p.m. Open Time
- 3:00 p.m. - 6:00 p.m. Wrestling Competition (All Weights)
- 6:00 p.m. - 7:00 p.m. Open Time

SHOOTING

Elmendorf AFB

- 8:00 a.m. - 2:30 p.m. Jr. Sporting Rifle Individual Competition
- 3:00 p.m. - 9:30 p.m. Sr. Sporting Rifle Individual Competition
- 12:15 a.m. - 1:15 a.m. Practice (Yukon)



A racer in the modified biathlon, which combines cross-country skiing and marksmanship, takes a cup of juice during the 20-kilometer (roughly 12-mile) run.

Play ball!

A day on the court

